



Sign up for important updates from Mr. J. Mathis.

Get information for NC REC right on your phone—not on handouts.

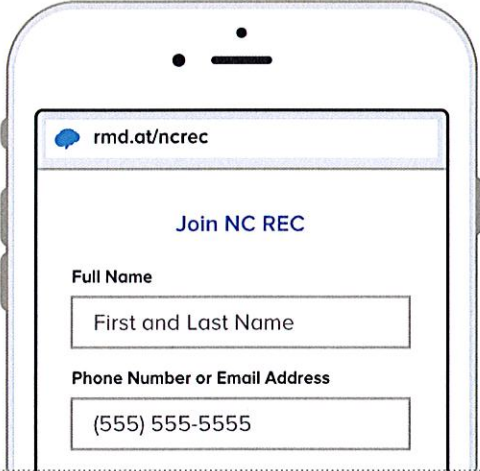
Pick a way to receive messages for NC REC:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/ncrec

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.




B If you don't have a smartphone, get text notifications.

Text the message @ncrec to the number 81010.

If you're having trouble with 81010, try texting @ncrec to (801) 528-7304.

* Standard text message rates apply.



Don't have a mobile phone? Go to rmd.at/ncrec on a desktop computer to sign up for email notifications.